

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe how you want to live out your Catholic faith.

## Stewardship Statement

Describe what God has asked you to be responsible for related to your faith (i.e. get you, your husband and your children to Heaven. Be a good example of the Catholic faith out in the world etc.).

## Mission Statement

At the end of your life, how do you want Jesus to describe your faith? Write your mission statement in the present tense (i.e. My Catholic faith is my top priority as I strive for sainthood. I participate in the sacraments as often as I can. I share my deep faith with my husband, my children and all those I meet in the world.)



MARRIAGE

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the type of marriage you want to have.

## Stewardship Statement

Describe what God has asked you to be responsible for related to your marriage (i.e. get your spouse to Heaven and be a good example of marriage to your children and to the world, ).

## Mission Statement

At the end of your life, how do you want Jesus to describe your marriage? Write your mission statement in the present tense (i.e. My husband and I are striving for sainthood together. We support each other and push each other to grow. We enjoy spending time together. We spend one weekend away together every year.

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the type of mother you want to be for your biological children and/or your spiritual children.

## Stewardship Statement

Describe what God has asked you to be responsible for related to your vocation of motherhood (i.e. teach your children about the faith and lead them to Heaven, show your children and the world a good example of motherhood).

## Mission Statement

At the end of your life, how do you want Jesus to describe you as a mother? Write your mission statement in the present tense (i.e. I pray for my children every day. I show my children how to be faithful by living out my own faith. I pay attention to the unique talents and needs of each of my children and I help them strive for sainthood).

REST

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the importance of rest and how you genuinely find rest that recharges your mind, body and soul.

## Stewardship Statement

Describe what God has asked you to be responsible for related to resting (i.e. taking care of your body, keeping holy the Sabbath, not being attached to the world so as to cause you fear and anxiety etc.

## Mission Statement

At the end of your life, how do you want Jesus to describe your commitment to rest? Write your mission statement in the present tense (i.e. I take time to recharge my body so I can do God's work in the world. I keep holy the Sabbath and spend time with the Lord and my family as we give thanks for the life he's given us.

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the type of healthy lifestyle you want to lead.

## Stewardship Statement

Describe what God has asked you to be responsible for related to taking care of your health (i.e. being committed to caring for the temple God gave you by actively taking charge of your health so you can do God's work.

## Mission Statement

At the end of your life, how do you want Jesus to describe your commitment to health? Write your mission statement in the present tense (i.e. I eat healthy foods and live an actively lifestyle so I can do my best to serve the Lord. I schedule enough time to sleep, rest and pray so I can live a non-stressful life.

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the kind of financial manager God is asking you to be.

## Stewardship Statement

Describe what God has asked you to be responsible for taking care of the money he has entrusted you with (i.e. I am responsible for my finances and for being a good steward of the money and resources God has given me.

## Mission Statement

At the end of your life, how do you want Jesus to describe your management of finances? Write your mission statement in the present tense (i.e. I am a good steward of my money. I have a budget and we stick to it. I live simply so I can be charitable to the church and the poor. I work hard so I can help build the kingdom of God.

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the kind of homemaker God is asking you to be.

## Stewardship Statement

Describe what God has asked you to be responsible for related to keeping your home (i.e. I am responsible for creating a home environment that helps my family experience God's love and helps them strive for sainthood).

## Mission Statement

At the end of your life, how do you want Jesus to describe your management of your home? Write your mission statement in the present tense (i.e. I work hard to create an atmosphere of peace in my home so my family and those who visit us can feel God's presence and his love. I anticipate what needs to be done and I am content in the work I have to do).

# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the kind of career God is asking you to pursue.

## Stewardship Statement

Describe what God has asked you to be responsible for related to honoring Him in your profession (i.e. I am responsible for doing my best work, being kind in the workplace, submitting to authority, and always shining a light for Christ with anyone I work with.



## Mission Statement

At the end of your life, how do you want Jesus to describe your commitment to your career? Write your mission statement in the present tense (i.e. I work hard to help others in my career. I show God's love in all that I do and I use my career to fulfill God's will and to support my family.



# Life Planning



## Brainstorming

Take 5-10 minutes to brainstorm some words, phrases, bible verses and quotes that describe the homeschooling atmosphere and objectives that God is asking you to pursue.

## Stewardship Statement

Describe what God has asked you to be responsible for related to honoring Him in your homeschooling (i.e. I am responsible for teaching my children what is good, true and beautiful. I will lead them to Christ while instilling in them a love for learning.



## Mission Statement

At the end of your life, how do you want Jesus to describe your commitment to homeschooling? Write your mission statement in the present tense (i.e. I taught my children how to learn and be curious. We focused on the good, true, and beautiful things in the world. I helped my children discover the vocation God intended for them.